

Grade: 5

Lesson Number: 11

Unit Name: Gurū Nānak's Travel

Course: Virṣā

Title: Gurū Nānak - IV

Standards

Standard 3: The Life of Gurū Nānak

- Students describe the narrative of Gurū Nānak's history, its importance, while emphasizing the Sikh society at Kartārpur as the Gurū envisioned and lived.
 - *Students should geographically trace the udāsīs of Gurū Nānak and their importance, while understanding the basis for his teachings and the example of his life as major teachings for the Sikhs. Emphasis can be placed on the various Janam Sākhīs and events from the Sākhīs. Students will illustrate features of society at Kartārpur.*

Objectives

1. Students learn of the development of Kartārpur and the second Udasī of Gurū Nānak.

Prerequisites

- Previous completion of the first three lessons on Gurū Nānak's travels. This is the fourth lesson in a series of lessons on Gurū Nānak.

Materials

- Map of Gurū Nānak's Travels
- Gurū Nānak and His Teachings, by Prof. Sāhib Singh translated by Dalip Singh

Advanced Preparation

- Teacher should read Maps of Gurū Nānak's Travels, and Chapter Three of Gurū Nānak and His Teachings.

Engagement (15-20 minutes)

- Do a brief review of first three lessons. Talk about Gurū Nānak's message as opposed to focusing on each Sākhī and detail.
- Then have a discussion on, "What was the plan of Gurū Nānak now?" Let children use their background to give you responses. Ask them reasons for their thought? Ask them if they want to challenge each other's ideas. Try to play devil's advocate for some points and see if they stick strong to their points.
- If they don't bring it up, try to give a few hints and then move into discussion of Gurū Nānak's return and ask them what they think he planned to do. If any of them bring up Kartārpur, well and good. If they do not, move into the exploration section.

Exploration (35 minutes)

- If anyone does bring up the founding of Kartārpur then move right into that.
- Upon his return from his first tour, Gurū Nānak met with his family. His wife and children were living with his wife's parents and his parents were in Talvandī, as were Bhāī Mardānā's parents.
- Gurū Nānak realized a need for a center and thus founded Kartārpur after his return.
- He began there what is known as a dharmśālā, a place where you can learn about your faith. He also began the institution of laṅgar, though Guru Aṅgad formalized it. So, there was ample opportunity for there to be a saṅgat. Ask children what this would be the same as today.....The Gurduārā.
- But, Gurū Nānak wanted and needed to spread the message next, so he went on his second Udāsī from Kartārpur.
- He began towards the North. (end of 1517)
- **Tell children the different stories through the travels (below are just pointers)**
 - First he went to Sialkot, where he made the Pīr realize through bāṇī that not everyone should be punished for the mistake of one.
 - Then he moved on to Jammu and other areas where there is a Vaishno Devī temple. He explained to people the uselessness of Idol worship. He encountered a highly educated Brāhmin Paṇḍit who was proud of his knowledge. Gurū Sāhib explained to him that getting rid of ego, brings truth and thus there can be peace of mind.
 - At Amarnath he preached of the futility of superstitious belief, ritualism and idol worship.
 - After treading many difficult mountainous paths came to a meeting with the Yogis. The urū advised the Yogis of their being no need to give up worldly life and apply ashes on the body to attain God. Life a passionless life amidst passion. The yogis tried miracles, but it was of no affect to Gurū Nānak. He spoke to them of humility. He spoke to them of falsehood. This conversation is also in the Guru Granth Sāhib written by Gurū Nānak himself.
<http://www.info-sikh.com/PageGos1.html>
 - He also spoke of tyranny over the downtrodden. The so-called low class being trampled by the so-called high class.
 - Two Paṇḍits- Brahm Dās and Chattur Dās had embraced the ideals of the Sikh faith.
 - Gurū Nānak returned in 1518 to Kartārpur.

Explanation/Extension (5-10 minutes)

- The above points should be elaborated through teacher's own reading. Ask children if they understand how things are going and have students begin thinking of writing a report on Gurū Nānak's Udāsīs that highlights his teaching.

Evaluation (On-going)

- For the next class ask children to bring in a list of notes based on the last three classes. They only need to highlight the important points and the principles that they begin seeing in Gurū Nānak's work.